



Mandatory Student Self-Reporting and Communication Policy and Procedure for COVID-19

I. Policy Statement

Due to the recent COVID-19 pandemic, California Northstate University “CNU” will be requiring all individuals to self-report if they have a COVID-19 Diagnosis and potential exposure to COVID-19 to ensure the safety of the campus community. CNU will monitor state guidelines and update the policy as needed. This policy is based of CDC guidelines. **CNU follows all local, state, and federal ordinances and will consider guidance offered by all governmental health agencies, but is not bound to follow guidance without the force of an ordinance or law.**

II. Purpose

To ensure the safety and well-being of CNU campus community.

III. Scope/Coverage

This applies to all students.

IV. Procedure

A. Self-Reporting

- a. A CNU student who has tested positive for COVID-19 is required to self-report to their College’s Office of Academic Affairs.
- b. Any CNU student who is currently on campus or has been physically present on campus anytime in the last 14 days and who is displaying signs or symptoms associated with COVID-19 illness, (i.e flu-like symptoms with fever greater than 100; cough; shortness of breath, loss of smell; or loss of taste), is required to self-report to their Office of Academic Affairs and may be instructed to get tested for COVID-19 and to self-isolate.
- c. Any student who lives with or has been in close contact with a person who has tested positive for COVID-19 is required to self-report to the Office of Academic Affairs.
- d. **Any CNU student that has tested positive for COVID-19 may return to campus only if 10 days have passed since symptoms first appeared, their symptoms have improved, and the individual has had no fevers (without the use of fever reducer medications) for the previous 24 hours. An individual without symptoms who was diagnosed with COVID-19 can return to campus only if 10 days have passed since the date of the first positive COVID-19 test.**
- e. Faculty or staff that become aware that a student has tested positive or come into contact with a COVID-19 positive individual should immediately send the student off



premise, follow proper sanitizing protocol and notification to the Office of Academic Affairs.

If the individual has tested positive for COVID-19 the individual should inform the Office of Academic Affairs of any persons that they may have come into contact with while on campus.

- B. In-Person Learning Scenarios and Actions/Communications
- a. A student or staff member exhibits symptoms of COVID-19. Cohort remains open. Student or staff member sent home to self-isolate. Contact healthcare provider for further steps.
 - b. A student or staff member lives with or has had close contact with a person who has tested positive for COVID-19. Cohort remains open. Student/Staff member required to self-report along with notify potential individuals they have come in contact with. Student or staff member sent home to self-isolate. Contact healthcare provider for further steps.
 - c. **Any CNU campus faculty, staff, student or volunteer, that has tested positive for COVID-19 may return to campus only if 10 days have passed since symptoms first appeared, their symptoms have improved, and the individual has had no fevers (without the use of fever reducer medications) for the previous 24 hours. An individual without symptoms who was diagnosed with COVID-19 can return to campus only if 10 days have passed since the date of the first positive COVID-19 test.**
 - d. A student or staff member who has quarantined or isolated for any of the scenarios above and is tested and tests negative. Cohort remains open. Notify students and staff of cohort that the member has tested negative.
- C. Post Reporting Sanitization of Work Area
- a. Notify facilities to clean/disinfect the student work area [*Note: CDC guidance advises that cleaning/disinfecting should not begin for 24 hours from employee's presence; If the infected individual has not been present for 7 days or more, additional cleaning and disinfection is not necessary besides increased routine cleaning and disinfecting of all high-touch surfaces already in place.*]
 - b. Close off areas used by the student, including common areas until sanitization can be completed.
- D. Guidance for Fully Vaccinated People
- a. For purpose of guidance people are considered fully vaccinated for COVID-19 ≥ 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or ≥ 2 weeks after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen).†
 - b. Fully vaccinated people:
 - i. Can visit with other fully vaccinated people indoors following standards set by local, state, or federal laws.



- ii. Can visit with unvaccinated people from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing
- c. Should be tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days or until they receive a negative test result. They should isolate if they test positive. Fully vaccinated people who live in a household with someone who is immunosuppressed, at increased risk of severe disease, or unvaccinated (including children <12 years of age) could also consider masking at home for 14 days following a known exposure or until they receive a negative test result. Most fully vaccinated people with no COVID-like symptoms do not need to quarantine or be restricted from work following an exposure to someone with suspected or confirmed COVID-19, if they follow the testing and masking recommendation above. Fully vaccinated people should monitor for symptoms of COVID-19 for 14 days following an exposure.
- d. With no COVID-19-like symptoms and no known exposure should be exempted from routine screening testing programs, if feasible.
- e. Fully vaccinated people should continue to:
 - i. Take precautions in public like wearing a well-fitted mask and physical distancing
 - ii. Wear masks, practice physical distancing, and adhere to other prevention measures when visiting with unvaccinated people who are at increased risk for severe COVID-19 disease or who have an unvaccinated household member who is at increased risk for severe COVID-19 disease
 - iii. Wear masks, maintain physical distance, and practice other prevention measures when visiting with unvaccinated people from multiple households
 - iv. Avoid medium- and large-sized in-person gatherings
 - v. Get tested if experiencing COVID-19 symptoms
 - vi. Follow guidance issued by individual employers
 - vii. Follow CDC and health department travel requirements and recommendations

†This guidance applies to COVID-19 vaccines currently authorized for emergency use by the Food and Drug Administration: Pfizer-BioNTech, Moderna, and Johnson and Johnson [J&J]/Janssen COVID-19 vaccines. Considerations for applying this guidance to vaccines that are not FDA-authorized include whether the vaccine product has received emergency approval from the World Health Organization or authorization from a national regulatory agency.

Associated forms:

Approval record:

APPROVED: PEC: 8/20/2020

APPROVED: UPDATE: PEC: 4/5/2021, 8/23/21

REVIEW: every two years (or more often if required)