

Message from the Board of Trustees

Dear Members of the Class of 2026,

The White Coat Ceremony signifies the rite of passage at the beginning of the journey to becoming a member of the learned society of medicine. Today, you receive the jacket size white coat from a faculty who assists you in getting into it.

This white coat symbolizes you have accepted to learn medicine – the scientific basis of what medicine is and the art of healing with care. In the journey ahead, you will learn to understand the cliché "First do no harm." You will commit to treating patients with empathy, advance medicine with devotion, and contribute to the profession with newfound knowledge.

Members of the faculty will continue to guide and support you throughout your learning, training, practice, and selfreflection until you are able and capable of performing the "entrustable professional activities as expected of a competent physician. As you are in your white coat day in and day out, you will soon acquire the ability, knowledge, and skill to develop your independent clinical reasoning and formulate the care plan with your patients, all after a few years of intense learning.

As you may already have realized, you are now beginning work and transforming yourself from a medical student to a medical doctor and earning your long white coat.

Congratulations,

Dr. Rob DeBruin On behalf of the Board of Trustees (Drs. R. DeBruin; S. Duruisseau; W. Chan; A. Chong; M. Delmore; D. Dominquez, A. Mikhailitchenko; A. Tong,; A. Swehar & Ex. Officio, A. Cheung)

Message from the Dean

Dear CNUCOM Class of 2026,

When you enrolled in medical school, you started the profound and lifelong commitment to patients and their families. Now in this next step of your journey, the white coat ceremony, I wholeheartedly welcome you to this traditional rite of passage.

The White Coat Ceremony is a powerful and enduring symbol of the medical profession that reflects professionalism, humanistic values, and behavior. Placed upon your shoulders by those who have come before you, your white coat represents the value system of our program and the profession into which you are about to enter. For many of you, it is also the first time that your community, family, and friends see and recognize you as doctors.

When you receive your white coat, we welcome you and signify our confidence in you and your commitment to become a dedicated physician. The crisis of the pandemic has been incredibly challenging, but the silver lining is that it has inspired an entire generation of new medical students like you to enter this noble profession. I know each of you will stay true to your oath, and that you will continue to make our program, communities, and the medical profession proud.

Through this ceremony, you also affirm that you are meant to be in this profession and will take the responsibility of the role seriously. When you wear your white coat, you are making a promise to your patients to be what they need you to be, through crises of birth and death and everything in-between, to apply your scientific knowledge of human biology and diseases to the best of your ability, for your patients to live healthy and fulfilled lives.

Message from the Dean

By donning this white coat, you have chosen to dedicate your life to the needs of others. The white coat brings with it great expectations, but they are an honor and a privilege. During your professional career, you may wear many white coats. What they symbolize will remain the same: your professionalism, the virtue of your medical calling, the trust that defines the physician-patient covenant, and the recognition that it is a privilege for us to care for our patients, not a privilege for our patients to be cared for by us. Remember that being a doctor is not simply a job, it is your life's work, a profession, a journey. And if you love what you do, you will never work a day in your life.

Congratulations on everything that you have accomplished to get here, and I look forward to everything that you will continue to achieve.

With warm regards.

Cather Dont

Interim Dean Vice President of Academic Affairs

Program

Procession

CNU Adheres to Sac County Guidelines - Masks Strongly Recommended

> National Anthem Amrita Ravi, Class of 2026

Message from the College of Medicine Interim Dean Catherine Yang, PhD

Special Keynote Speaker Roger D. Woodruff, MD, FAAFP Interim Chair of Clinical Medicine Professor of Family Medicine

Coating of Students Executives, Faculty, and Community Physician Leaders

Recital of Oath

Michael S. Wong, MD, MBA, FACS Vice President of Clinical Practice Associate Dean of Academic and Career Advising Professor of Surgery-Plastic Surgery

Closing of Ceremony

Doctorate of Medicine Students CLASS OF 2026

Ihab Abed, BS, California Northstate University Yavar Abgin, BA, University of California, Los Angeles Nazanin Ahmadian, BS, MS, University of California, San Diego Meraj Alam, BS, University of California, Davis Lara Ali, BS, University of California, San Diego Noorhan Amani, BS, University of California, San Diego Esha Aneja, BS, University of California, Berkeley Ubaid Ansari, BS, University of California, Davis Katherine Arnott, BS, MPS, California Northstate University Milo Aviles, BS, MPS, California Northstate University Chirag Bisht, BS, MS, University of Cincinnati, Cincinnati Dev Brahmbhatt, BS, California Northstate University Anuj Budhiraja, BS, California Northstate University College of Health Sciences Brielle Bunney, BS, University of California, Santa Cruz Alvan Cai, BA, University of California, Berkeley Carter Chan, BA, University of California, Berkeley Karina Chan, BS, MS, Columbia University in the City of New York David Chen, BS, University of Illinois at Urbana-Champaign Vincent Chen, BA, Dartmouth College Nicholas Chicoine, BS, MPH, University of California, Ryan Chowdhury, BS, University of California, Los Angles Ashley Christensen, BS, University of California, Davis Jonathan Clement, BS, MPS, California Northstate University **Cortney Connor, BA,** University of California, Berkeley Dlyan Cooper, BS, University of California, Santa Cruz Aaron Creswell, BS, MS, University of California, San Diego

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Thamir Essayyad, MD, Interim Chair of Clinical Science, Assistant Professor and Course Director for Medical Skills

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California Northstate University

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Marwan M. Ali, MD, MBA, FACOG, FACMG

Subspecialist, Maternal Fetal Medicine and Clinical Genetics President & Medical Director, CALIFORNIA MATERNAL FETAL MEDICINE Assistant Professor, Department of Obstetrics & Gynecology, University of California, Davis Assistant Professor, Department of Obstetrics & Gynecology, California Northstate University Director, Maternal Fetal Medicine, Dignity Health Northern California Division Robert Assibey, MD, Core Faculty, Medical Student Clerkship Director, Family Medicine Residency Program, San Joaquin General Hospital Lori Arguello, DNP, Doctor of Nurse Practitioner Wai Chan, DDS, Board of Trustees Rachel Chou, MD, Clinical Professor of Radiation Oncology, Kaiser Permanente Sacramento Medical Center Carl Hsu, MD, FACP, Board of Directors Ali Moradi, MD, MPH, Dr.PH & Tropical Medicine, Assistant Dean of Student Affairs and Admissions Lester Pan, MD, MS, PhD, Associate Dean of Global Health Medical Education Development, Board of Directors Sarah Preiss-Farzanegan, MD, CAQSM, FAAPMR, Assistant Professor of Clinical Science Medical Skills Course Co-Director Thiru Rajagopal, MD, FACS, Clinical Faculty Member Surgery Garret B. Wong, MD, Clinical Professor of Cardiology, Director of Cardiology ICE, UCD Clinical Professor of Cardiology, CNSUCOM Gordan A. Wong, MD, FACP, FCCP, Senior Associate Dean of Clinical Medicine, Professor of Pulmonary Medicine and Infectious Diseases Jeremy S. Wong, BA Merrily F. Wong, Community Advocate, Founding Director of Sacramento Regional Foundation Michael S. Wong, MD, MBA, FACS, Professor of Surgery-Plastic Surgery, Associate Dean of Academic and Career Advising, Vice President of Clinical Practice Roger D. Woodruff, MD, FAAFP, Interim Chair of Clinical Medicine, **Professor of Family Medicine**

Catherine F. Yang, PhD, Interim Dean, Professor of Molecular Pharmacology and Clinical Biochemistry

Coat Presentation

Mohamed Ahmed, MD, MSc

Assistant Professor of Anatomy

Marwan M. Ali, MD, MBA, FACOG, FACMG

Subspecialist, Maternal Fetal Medicine and Clinical Genetics President & Medical Director, CALIFORNIA MATERNAL FETAL MEDICINE Assistant Professor, Department of Obstetrics & Gynecology, University of California, Davis Assistant Professor, Department of Obstetrics & Gynecology, California Northstate University Director, Maternal Fetal Medicine, Dignity Health Northern California Division

Ghalib Alkhatib, PhD Professor of Microbiology, Chair of Basic Science

Robert Assibey, MD Core Faculty, Medical Student Clerkship Director, Family Medicine Residency Program, San Joaquin General Hospital

Rachel Chou, MD Clinical Professor of Radiation Oncology, Kaiser Permanente Sacramento Medical Center

Floyd Culler, MD Professor of Pediatrics and Endocrinology

John Cusick, Ph.D. Associate Professor of Immunology, Cell Biology, and Biochemistry

Ahmed Elshamy, PhD Assistant Professor of Virology

John Fitzgibbon, MD Associate Professor of Internal Medicine

Dermet Fong, MD Assistant Professor in Internal Medicine

Jennifer Gullo, MD Assistant Clinical Professor of Medicine, Interim Obstetrics & Gynecology Clerkship Director

Forshing Lui, MD Professor of Neurology, Neuroscience Course Director, Neurology Clerkship Co-director

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John Lutch, Associate Professor of Medicine

Eslam Mohamed, Ph.D. Assistant Professor of Immunology

Ali Moradi, MD, MPH, Dr.PH Assistant Dean of Student Affairs and Admission

Sarah Preiss-Farzanegan, MD, CAQSM, FAAPMR Assistant Professor of Clinical Science Medical Skills Course Co-Director

Thiru Rajagopal, MD, FACS Clinical Faculty Member Surgery

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Martin Rubin, MD Course Director Masters Colloquium, Course Director of Behavior Medicine, Associate Professor

Garret Wong Clinical Professor of Cardiology, Director of Cardiology ICE, UCD Clinical Professor of Cardiology, CNSUCOM

Michael Wong, MD, MBA, FACS Associate Dean of Academic & Career Advising, Vice President of Clinical Practice, Professor of Plastic Surgery

Oath

I swear to fulfill, to the best of my ability and judgment, this oath:

I vow to commit myself to the spirit and the letter of my duties as a medical professional, and the responsibilities of a physician-in-training.

In the pursuit of excellence, I will dedicate myself to a lifetime of learning, teaching and advancing the practice of medicine.

I will approach my medical education with integrity and humility, respecting patients, teachers, and fellows from whom I will learn. I will eagerly share such knowledge with my colleagues and those who follow in our footsteps.

I value the privileges afforded to me as a physician-in-training and vow not to abuse them. I will hold the truth in the highest regard, and will embody and promote the ethical practice of medicine.

I will strive to honor the trust that my patients place in me and the respect that society places upon my profession. I will tread with care in matters of life and death.

I will remember that I treat not malady, but humanity. I will be vigilant toward my biases to counter their effects on my patient care, and will advocate for change when I recognize injustice.

I will practice medicine as an art as well as a science. Compassion, empathy, and understanding strengthen the surgeon's knife and the chemist's drug.

I will respect the diversity of my patients' cultures, values and experiences. I will empower my patients in their autonomy to live in alignment with their beliefs.

I pledge to acknowledge my limits. I will not be ashamed to say "I don't know;" nor will I hesitate to call for help when in need of the expertise of another.

I will maintain my own health and well-being so that I can effectively care for my patients. I will never cease to cultivate my passion for medicine and healing, and hereby devote my life to providing the utmost quality of care to every person I serve.

I make this oath solemnly, freely, and upon my honor as a member of society, a medical student, and a future physician.

Special Recognition to:

Military Scholarship Representatives Office of Student Affairs and Admissions Pharmaceutical Sponsors University Planning Committee Volunteers



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