

CELEBRANDO NUESTRA SALUD - OCT 11, 2015



California Northstate University was invited by La Familia Counseling Center, INC. to be a part of the Celebrando Nuestra Salud, an annual health week in the Latino Community. This year's event was hosted at Southside Park, in downtown Sacramento, and featured music, entertainment, children's activities, community resources, and health screenings.

Our College of Medicine students helped facilitate multiple health care topics such as; HPV Education, Ask Your Physician, Medication Management, and Emergency Medicine & Health Education. Students who are fluent in Spanish also served as translators to the community.



Students from our College of Pharmacy also volunteered to focus on providing health examinations. There were booths to offer diabetes, blood pressure, and cholesterol screenings. Flu immunizations were also made available.

The community participants enjoyed a day of exercise, learning that fitness can be FUN!!

